



WEEK ONE

GENESIS 1:3-8

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REMEMBER THIS:

"God saw everything he had made. And it was very good." GENESIS 1:31, NIV



SAY THIS:

Who made everything? GOD MADE EVERYTHING.



DO THIS:



When you go into your child's room this month, say, "Good morning, [child's name]! The moon went down and the sun came up! Who made the sun, moon, and stars? God did! Who made you? God did! Who made everything? God made everything!"



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BASIC TRUTH:

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## THE TRUTH ABOUT TRUST

By Jon Acuff

I once told my 10-year-old daughter that I would write her a story. I write for a living and I'm constantly reading about other authors who do that. On a whim, they write their kids a story and then voila, Harry Potter!

I wasn't going to write her the story because I thought it would turn into a book. I was going to write her a story because it's fun. As soon as I told her that though, she said, "Sure you will. You'll write two pages and then quit." Body blow!

No one hits as hard as your kids can hit.

In that simple statement, my daughter revealed that when it comes to my ability to keep my word on projects, she has her doubts.

I tend to be a starter. I am enthusiastic and excited at the beginning, but I tend to fizzle at the end. Apparently, McRae had watched that happen and was unsure if I would keep my word.

That's a trust issue and there are three things we parents need to remember

### 1. Trust is built when words become actions.

When you do what you say, you build trust. When you don't, you destroy it. It's that simple.

### 2. Trust is small and slow.

Trust is a thousand tiny actions built up over time. One by one. Day by day. It's not a home run moment, it's showing up in small ways consistently.

### 3. Trust can be rebuilt.

My daughter knows I won't forget her at soccer practice. She knows I'll take her for ice cream when I say. Her comment revealed she didn't trust me when it came to writing, but even that can be rebuilt. It is not lost.

Trust is like the glue in parenting, it tends to hold your whole relationship with your child together. Don't take it for granted. Build it slowly and if it's been broken, admit it and then rebuild. It's not always easy, but it is always worth it.



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